

Our Deepest Fear

By Marianne Williamson

*Our deepest fear is not that we are inadequate.
Our deepest fear is that we are powerful beyond measure.
It is our light, not our darkness
That most frightens us.*

*We ask ourselves
Who am I to be brilliant, gorgeous, talented, fabulous?
Actually, who are you not to be?
You are a child of God.*

*Your playing small
Does not serve the world.
There's nothing enlightened about shrinking
So that other people won't feel insecure around you.*

*We are all meant to shine,
As children do.
We were born to make manifest
The glory of God that is within us.*

*It's not just in some of us;
It's in everyone.*

*And as we let our own light shine,
We unconsciously give other people permission to do the same.
As we're liberated from our own fear,
Our presence automatically liberates others.*